

“Adventure for All” Cycling and Kayak Excursion in East Hokkaido’s Grand Coastal Nature

A 1-day bike and kayak adventure by the Okhotsk Sea and the lagoons of Abashiri Quasi-National Park



Traverse the unique landscape on the edge of the Okhotsk Sea with a dedicated support car in tow, the tour distance can be modified to guest’s leisure. Witnessing both land and sea, follow along the remains of old railroad that once supported Japan’s most infamous prison, now renovated into a perfect cycling road. A grand adventure awaits, where families of all ages and abilities will share in breathtaking scenery while learning of the deep connection between the region’s unique geography and delicious seafoods.



Highlights:

- Support car to allow guests to relax during activities in comfort without missing the beautiful scenery.
- A dedicated cycling road ensures a smooth ride from start to finish.
- Witness beautiful flowers according to the season.

Sunflowers and Cosmos are in full bloom in August to September.

Vibrant coral grass burns red at its peak in September.

- Soak in the horizon from rural landscapes near Cape Notoro from a e-bike.
- Kayak across a lagoon at Lake Notoro in the Abashiri Quasi-National Park
- View the majestic drift ice from the Cape Notoro overlook.
- Build your perfect pizza for lunch, wood-fired to perfection topped with all-local ingredients.

Location:

Based in Okhotsk, one of East Hokkaido's most gems, the region is famous for untouched coastlines, lakes, and unique geography. The tour starts in Abashiri, a short drive from Memanbetsu Airport a two hour flight from Tokyo.

Main Activity: Cycling and Kayak

Difficulty: 2/5 (Easy Activity)

Tour Dates: Mid-May through the Beginning of November

Pax: Minimum 2 Maximum 15

Price: JPY 30,000

[Route map](#)

[Day-by-day Itinerary](#)

[What's included](#)

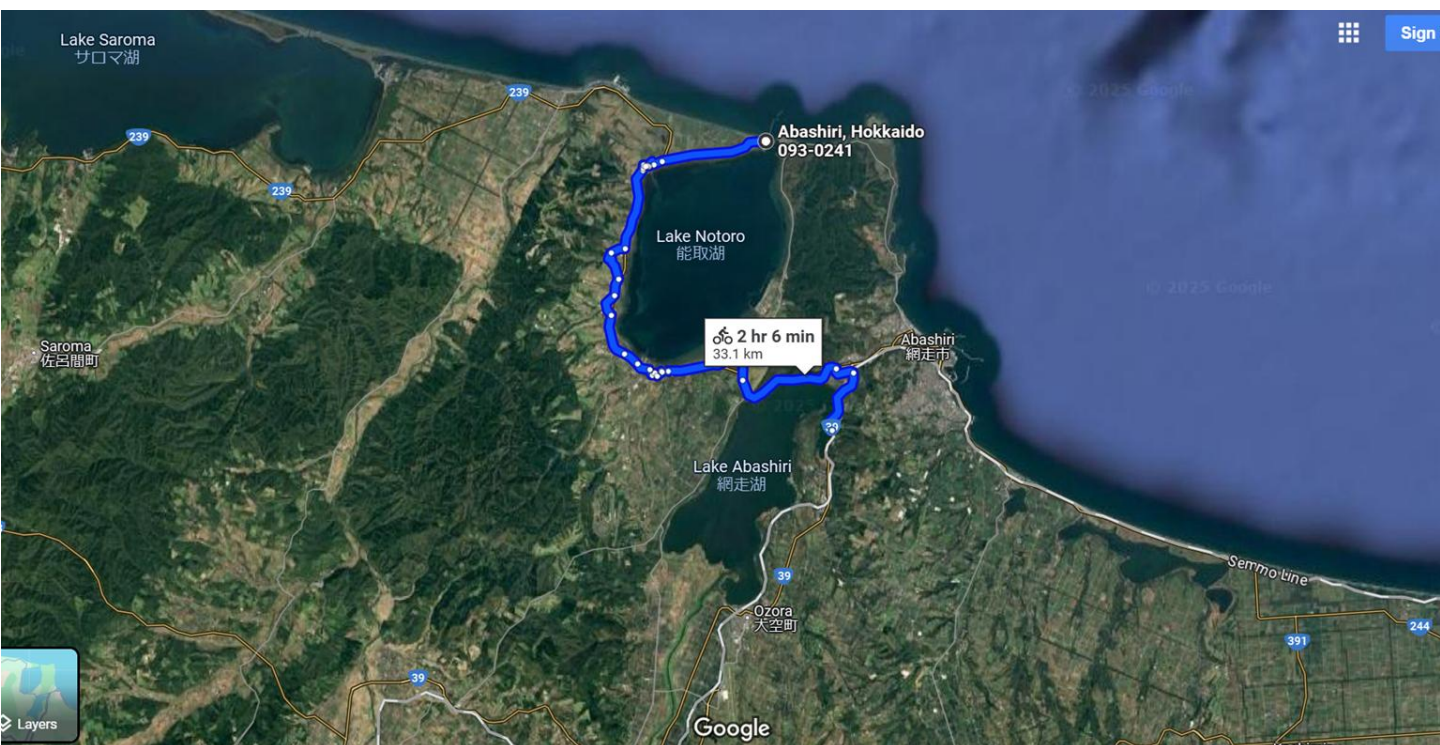
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Route map



<https://maps.app.goo.gl/UhWpVmmsRFi8Pxgj8>

The route might vary based on the physical fitness of participants and weather conditions.

Day-by-day Itinerary

Day 1

Around 8:30 AM - Meet at Connectrip, just outside of downtown Abashiri.

At the tour briefing at Connectrip HQ, 20 minutes from Memanbetsu Airport or 15 minutes from Abashiri station, the guide will explain the highlights of the tour. A safety briefing and assignment of cycle gear will also take place at this time. From there, only a short ten-minute ride in the support vehicle separates guests from the start of the tour.

The first stage of the tour is a 30km cycling journey along the shores of Lake Abashiri and Lake Noto, and the Sea of Okhotsk. Embrace the views of the pristine scenery along a comfortable cycling road and witness beautiful nature as it change throughout the seasons. If needed, guests are welcome to relax within the support car to skip sections, making this trip accessible for all, regardless of age or ability, to ensure the spirit of the tour, “Adventure for all” as you cross the finish line together.

At the mouth of Lake Noto, guests are invited to switch from land to lagoon, and cross the waters on kayak with dedicated guides and wetsuits provided. Once a part of the sea, Lake Noto is hosts a wealth of biodiversity, learn the story of this unique geography and its relationship to clam fishing and drift ice. Kayaking will last approximately 30 minutes.

Upon reaching the opposite shore, guests will again ride their bikes for 5km aiming for Noto Cape and its beautiful lighthouse. Escaping the forests to cinematic horizons of sea and cliffs and fly down the green plains of Noto Cape to the finish line. Following the conclusion of the cycling stage, return to Connectrip for a delicious handmade pizza lunch and celebrate your journey.

Lunch

Provided by Connectrip

Create your own wood-fired pizza topped with the best flavors of local Okhotsk ingredients.

What’s included

- Cycling Guide
- Bike and helmet rental fee.
- Kayak Guide, kayak, oar, and wetsuit
- Pizza lunch at Connectrip
- Support vehicle

We provide & What to bring

We provide

- Properly maintained bicycle and helmet.
- カヤック時のカヤック、ドライスーツ、防水靴、ライフベスト

What to bring

□ Athletic clothes Change of Clothes if clothes get dirty and wet. Shorts and T-shirt (to wear under the dry suit during kayaking) □Water bottle □Small rucksack □Waterproof jacket (windbreaker would be better)□Rain Gear (raincoats) □ Gloves for cycling □Small towel □Cameras □Sunglasses □Sunscreen

About us

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Awareness of environmentally friendly action and the protection of our precious nature has always been at the core of our corporate philosophy. We feel that we need to do more than our obligations to ensure that our business and participants have a positive impact on the community. Our important goal is also to encourage guests to spend more time in Hokkaido’s natural environment, protecting the natural environment and taking action to respect the indigenous culture.

Information and Requirements

Dietary Restrictions

Our company has a policy of accommodating food allergies, religious, and ethical dietary restrictions by providing alternatives whenever possible. We will inquire about these restrictions when you join the tour. Please do note that due to extenuating circumstances, we may not be able to fully accommodate all requests.

Emergency Response Plan

Our tour guides are always in possession of a first aid kit. At least one guide will hold a license in advanced life-saving training conducted by the Japanese fire department. Our tours do not visit remote mountain areas and are as such easily accessed by emergency vehicles except when participants are in lakes or rivers.

Reservation & Cancellation Policy

Payment Methods

Following the completion of the reservation, we will deliver an invoice to the agency or guest. Payment can be completed by credit card, and please follow instructions listed on the invoice.

Cancellation

Below are the cancellation fees after tour booking is completed.

Cancellation date	Cancellation charge
21 or more days prior to the starting day of the tour	Free
20 to 8 days prior to the starting day of the tour	20% of the Tour Fare
7 to 2 days prior to the starting day of the tour	30% of the Tour Fare
1 day prior to the starting day of the tour	40% of the Tour Fare
On the date of departure	50% of the Tour Fare
Cancelled after the start of the tour Failure to show without notice	100% of the Tour Fare

Refund process may take up to 1 to 2 months depending on when the refund request is received, and the

Disclaimer

Tobu Top Tours is responsible for compensating guests for damages caused by the company's intentional or negligent actions while fulfilling the travel contract. However, this responsibility is limited to cases where the claim is made to the company within two years from the day after the damage occurred. If a guest suffers damage due to natural disasters, wars, riots, the suspension of travel services by transportation or accommodation providers, government orders, or other reasons outside of the company's control, the company will not be responsible for compensating the damage.

Tour Operator / Contact

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