

# Hokkaido Winter Adventure Tour

## Nature, Cities, and Culture

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This is a wide-ranging adventure tour across Hokkaido that deliberately distinguishes between its natural and urban areas, highlighting their contrasts to clarify their respective charms and enhance their value. As travelers journey through these regions, they gradually experience the blending of these boundaries, recognizing that they do not exist as isolated areas but as two interconnected facets with distinct roles.

The natural areas embody the fundamental culture of Hokkaido, shaped by its rich landscapes and industries, while the urban areas serve as hubs of modern life and essential city functions. Participants will gain firsthand insight into how production activities in the natural regions contribute to urban living, while economic activities, education, and public welfare initiatives in the cities create a cycle of reinvestment and regeneration in the rural areas. Through this journey, travelers will experience Hokkaido not as a division of land but as a dynamic ecosystem where nature and city life sustain and enrich one another.

### Highlights:

- An essential nature field where you can feel the dignity and grandeur of Eastern Hokkaido
- Transition from Hokkaido's Natural Areas to Urban Centers and Promoting Understanding of Hokkaido
- The role and integration of urban areas, such as bar hopping in Sapporo

### Location:

Sapporo、 Mashu / Teshikaga

**Main Activity:** Snowshoe trekking , Culture

**Difficulty:** 3

**Tour Dates:** January to March

**Pax:** Minimum 2                      Maximum 6

**Price:** 400,000 JPY ( per person ) ※ reference price

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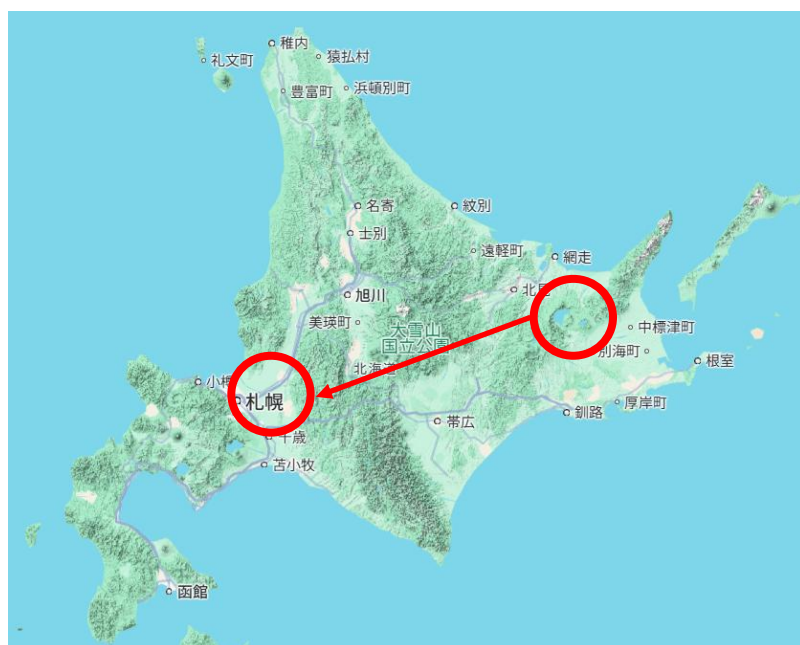
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## Route map



# Day-by-day Itinerary

## Day 1 - Guidance for Understanding the Doto Area of Hokkaido

The tour begins at a special location where you can view four national parks: Akan Mashu National Park, Shiretoko National Park, Kushiro Shitsugen National Park, and Daisetsuzan National Park. From this vantage point, you will first get an overview of Hokkaido's natural areas and gain a deeper understanding of the region's landscapes. The experience level can be adjusted according to the guest's preferences.

**Included meals** : Buffet Dinner at hotel

**Activity** : Mt. Mokoto Snow Trekking

**Difficulty** : 3 (3.5 hours)

## Day 2 - Dive into Hokkaido's Great Outdoors

The Mashu Caldera, formed by a massive eruption around 7,000 years ago, offers a mystical view of Lake Mashu, often called the 'Lake of the Gods.' On clear days, you can also catch a glimpse of Mount Mashu and, in the distance, Mount Shari. On the way back, take a walk through the terrain from the Kussharo Caldera to the town of Teshikaga, immersing yourself in the local lifestyle of the rural area.

After the trek, enjoy lunch at a restaurant in Kawayu Onsen, where you can experience the warmth of a small-town community.

The afternoon activities will be tailored to the guest's preferences. Those with the energy for more adventure can join an additional snow trekking tour. Alternatively, guests can opt for a relaxing stroll through Kawayu Onsen or enjoy a leisurely hot spring experience, ensuring a balanced and unhurried stay.

For dinner in Eastern Hokkaido, we will visit a local izakaya, where guests can immerse themselves in the community by enjoying the same food and drinks as the locals while engaging in friendly conversation.

**Included meals** : Hotel breakfast, restaurant lunch , Izakaya dinner

**Activity** : Lake Mashu Outer Rim Snow Trekking

**Difficulty** : 2 (2.5 hours)

### Day 3 - Gradation from Nature to Urban Areas

On the third day, you will travel from the Eastern Hokkaido region to Sapporo. For a gradual transition from nature to the city, we recommend taking a leisurely journey by JR. However, depending on guest preferences, a flight from Memanbetsu to Okadama is also an option.

Upon arriving in Sapporo, check into your hotel and take some time to relax and unwind from the journey. If you have the energy, explore the city and satisfy your curiosity with a stroll through its vibrant streets.

In the evening, head to Sapporo's bustling downtown to enjoy a quintessential Hokkaido-style dinner. Guests can choose from a variety of options, including ramen, jingisukan (grilled mutton), and soup curry, ensuring a satisfying culinary experience tailored to their tastes.

**Included meals** : Hotel breakfast, Ekiben lunch , restaurant dinner

**Activity** : Sapporo Bar Hopping Tour

**Difficulty** : 1 (2 hours)

### Day 4 - Discover the Culture of Sapporo, Hokkaido's Largest City

Visit AOA, a facility that serves as a bridge between urban and natural areas, promoting environmental and nature education while fostering mutual understanding. Conclude your journey with a guided walk through the Sosei East area, known as 'Sapporo's downtown,' where you can immerse yourself in local history and enjoy a luxurious lunch. At the lively Nijo Market, savor the freshest seafood.

**Included meals** : Hotel breakfast, lunch Tour

**Activity** : Nijo Market Lunch Tour

**Difficulty** : 1 (2 hours)

## Accommodations :

DAY 1 : Kawayu, hot spring hotel, Japanese-style room, hot spring, Wi-Fi

DAY 2 : Kawayu, hot spring hotel, Japanese-style room, hot spring, Wi-Fi

DAY 3 : Sapporo, city hotel, western-style rooms, Wi-Fi

## What's included

- 3 nights accommodation
- 3 breakfasts, 4 lunches, 3 dinners
- All the activity fees mentioned in the itinerary
- All transportation as described in the itinerary
- Snacks and refreshments
- English speaking Japanese guide(s)
- Insurance

## Not included

- Airfares
- Personal expenses
- Alcoholic drinks or beverages not included meals

Please note that you will be asked to show your passport when checking into accommodation in Japan. It is a requirement for accommodation providers to take a photocopy of the passports of overseas guests.

# We provide & What to bring

## We provide

- Snowshoes
- Stocks

## What to bring

- Warm/ Wind proof/ Waterproof jacket
- Long trousers
- Warm sweater or jacket for evenings
- Snow boots
- Comfortable and moveable clothing
- Water Bottle
- Sunscreen
- Sunglasses
- Personal medications
- Travel insurance
- Passport
- Cash in Japanese yen.

Small restaurants and shops in rural parts of Japan do not accept credit cards. You can withdraw cash at ATMs at post offices and 7/11s

## About us



Contact : [info@doto-adventure.net](mailto:info@doto-adventure.net)

Website : <https://doto-adventure.net/>

### **DOTO Adventure Network**

“Doto Adventure Network” is a coalition of coordinators, travel designers, land operators, and through-guides specializing in Eastern Hokkaido, the 'Doto Area.' Deeply rooted in the region, we promote sustainable tourism for the future.

## Guides



### **Gen TERAYAMA**

- Travel Service Arrangement Operations Manager
- Wilderness Advanced First aid
- Leave No Trace Level 1 Instructor

Since 2006, I have called Shiretoko home, bringing over a decade of experience in travel, wildlife management, and regional branding. I have guided trips to remote regions like Nepal, Mongolia, and Antarctica and worked on brown bear conservation and national park management. An adventurer at heart, I was the first Japanese to ski from Cho Oyu's summit. Now, I focus on promoting Shiretoko's beauty and developing long-distance trails like the Hokkaido East Trail, inviting travelers to immerse themselves in nature and meaningful adventures.



### **Akimasa TAKIKAWA**

- Hokkaido Adventure travel guide (Mountain)
- Wilderness Advanced First aid
- Leave No Trace Level 1 Instructor

Originally from Sapporo City. Moved by the hospitality shown to him by people in various regions during his backpacking trip around the world, he wanted to be the one to host others next, so he started working in the tourism industry in Sapporo. In search of a new place to live, he moved to Bihoro Town as a local revitalization volunteer after the COVID-19 pandemic. After graduating, he mainly worked as an outdoor guide (Pecan Planning), and was involved in developing the tourism area, such as by building trails, as a director of the Bihoro Town Tourism and Products Association.

# Information and Requirements

## **Dietary Restrictions**

We will do our best to accommodate any special dietary requests from guests who are vegetarians, or who have food allergies, etc.

## **Emergency Response Plan**

- In case of emergency, we will follow our accident response manual.
- The guide of this tour has completed an advanced first aid course and always carries a first aid kit with her.
- In the event of a disaster, we will follow "Initial Disaster Response Manual for Foreign Tourists" produced by the Hokkaido Tourism Organization.

# Reservation & Cancellation Policy

## Payment Methods

Payment is acceptable by Credit card or Bank Transfer:

- Credit card

We will send you a link with a form to fill in your credit card details

- Bank Transfer

Please process the payment from your local bank in Yen.

All Transaction Fees will be paid by remitter

- PayPal

## Cancellation

Cancellation policy is in accordance with standard travel agency terms and conditions.

## Disclaimer

- There are certain inherent risks in adventure travel. These include, but are not limited to, risks of cycling, hiking, swimming, walking and -on all trips- danger of animals, inaccessibility of medical attention and difficulty in evacuation in the case of a medical emergency. Passengers assume all such risks with regard to these possibilities. By embarking upon his/her trip, the traveller voluntarily assumes all risks involved in such travel, whether expected or unexpected.
- In addition and without limitation, Ezosika Travel Co., Ltd. is not responsible for any injury, loss, death, inconvenience, delay or damage to personal property in connection with the provision of any goods or services, whether resulting from but not limited to acts of God or force majeure, illness, disease, acts of war, civil unrest, insurrection or revolt, animals, strikes or other labor activities, criminal or terrorist activities of any kind, overbooking or downgrading of services, food poisoning, mechanical or other failure of aircraft or other means of transportation or for failure of any transportation mechanism to arrive or depart on time.
- Furthermore, Ezosika Travel Co., Ltd. cannot be held liable by freelance guides for damage or injury to the guide, or damage or injury inflicted by the guide on third parties in any way. By accepting freelance tour assignments, guides automatically waive Ezosika Travel Co., Ltd. from any liability.

## Partner Company

### Hibi Japan

Provide tailor made tour with  
authentic adventures, local cultural contents in Hokkaido.

Ernest Mok (Representative Director/ Travel designer)

Contact: [ernest@hibi-japan.com](mailto:ernest@hibi-japan.com)

Website: <https://www.hibi-japan-travel.com/>



## Tour Operator / Contact



### Ezosika Travel Co., Ltd.

Address of Head Office: Minami 1-jo Nishi 17-chome, Chuo-ku, Sapporo, Hokkaido, Japan

Licensed by the Japan Tourism Agency

in accordance with the provisions of the Travel Agency Law

Licence Number: No. 3-802

Domestic Travel Services Manager: NAKANE Hiroki

Email: [support@ezosika.co.jp](mailto:support@ezosika.co.jp)

WEB: <https://www.ezosika.co.jp>

We are a travel agency that plans and arranges highly rare contents according to customer requests. Based in Sapporo, we provide comprehensive backup for travel to meet your objectives, including arrangements and coordination of Special Interest Tours (SIT) in Hokkaido, and creation of sightseeing content such as guided tours of the city.