

Travel throughout the Okhotsk area from river to sea by cycling and canoeing!



Through this 4-day tour you can experience the dynamic natural ecosystem cycle of Okhotsk area with all five senses. You will travel along the Abashiri River, which flows from its headwaters to the Okhotsk sea, you will use mainly cycling and canoeing to travel. Also, you will experience the lifestyle and culture of the people in Okhotsk through cooking experiences. Using local ingredients and interacting with local primary industry people will definitely give you some unforgettable moments. This is a trip where you can refresh your body and soul with interacting different culture and nature.

We will first transfer to the deep forest of Tsubetsu which is part of the vast nature of Akan Mashu national park. You will enjoy a chill forest walk and learn the importance of river water to this area's ecosystem. On the second day, you will cycle along the Abashiri river and start our trip towards the sea! Before enjoy a private lodging, enjoy a harvest experience program with a local farmer and have a hand made curry dinner together! On the third day, you will enjoy a chill canoe trip from the river to the Okhotsk sea which is our goal! On your last day, spend some time to fish at the lake and enjoy a traditional Hokkaido cuisine "Chan chan yaki" with the locals!

Highlights:

- 4 days bicycle and canoe tours from the headwaters of the Abashiri River to the Okhotsk sea
- Take a close look to the wildlife nurtured in the nature of Okhotsk
- Enjoy interacting with local people in the primary industry who are connected to nature
- Experience fishing for salmon, a symbol of the cycle of nature on a fishing boat!

Location:

Eastern Hokkaido : Tsubetsu , Abashiri , Bihoro

Main Activity: Cycling, Canoe, Forest Walking, Fishing, Cooking

Difficulty: 2 (Easy active)

Tour Dates: September - October

Pax: Minimum 5 Maximum 12

Price: 300,000 JPY (Tax incl. / per person) ※ reference price

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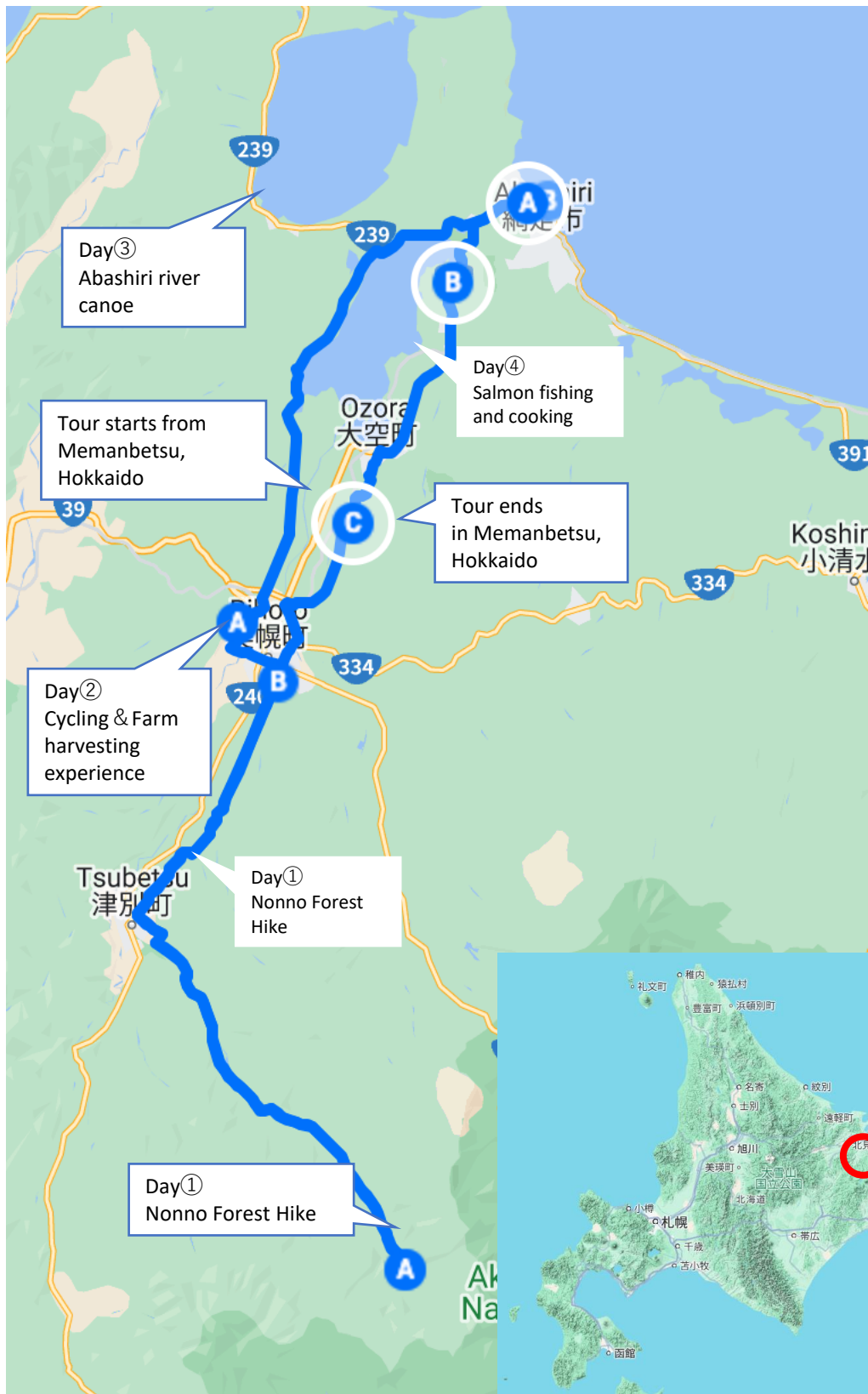
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Route map



Day-by-day Itinerary

- Day 1 - Experience the natural environment of this area in a secluded forest!

After meeting your guide at Memanbetsu Airport, you will be transferred to Nonno Forest, a place deep in the mountains of Tsubetsu Town. In Nonno forest, there are spring water everywhere, and they are one of the headwaters of the Abashiri River. This program will also serve as an introduction to the 4-day program.

Included meals : restaurant lunch , Hotel dinner

Activity : Deep forest walk in Nonno Forest

Difficulty : 1 (1.5 hours)

- Day 2 - Enjoy beautiful scenery and farmers' interaction by cycling along the Abashiri River!

Today, you will start your cycling journey! We will start from the uppermost reaches of the Tsubetsu River, one of the headwaters of the Abashiri River, and pedal our bicycles along the flow of the water. As the rivers merge, the width of the river becomes wider and the sound of the flowing water becomes louder, making the changes seem clearer. As we ride along, you can see that the plain we are riding on is also created by the flow of the river. Truly you can realize that almost everything in our lives is created by water. We will experience harvesting vegetables at "Saikou Farm," a farm that makes use of the river water we have seen so far. While harvesting potatoes, tomatoes, carrots, etc., we will enjoy interacting with the farmers. For dinner, we will make curry with the vegetables we harvested. For dinner, we will make curry with the vegetables we harvested. Our guide will bring you to a local supermarket and pick up your favorite ingredients and enjoy a great curry dinner!

Included meals : Hotel breakfast , restaurant lunch , Self-catering dinner

Activity : Cycling around the Abashiri River

Difficulty : 2 (2 hours)

- Day 3 - Ride a canoe to the Sea of Okhotsk!

Today, we will run for the goal by canoe to the sea! First, we will move to the canoe dock and take twin canoes down the Abashiri River. Riding the slow current of the water, you will enjoy the feeling of coexist with nature. This is the period of year when salmon come back to the Abashiri River to spawn. By contact with the the forest and the sea, you will become aware of your relationship with the cycle of nature.

You may also encounter wild birds such as kingfishers and red-crowned cranes during your canoe trip.

Around 3:00 p.m., we finally arrive at the Sea of Okhotsk, the terminus of the Abashiri River! Seeing the water from the headwaters, which was only a trickle, gather and converge to form a large ocean, you realize how small you are and how great nature is.

Included meals : Hotel breakfast , lunch box , Izakaya dinner

Activity : Ride a canoe to Okhotsk sea

Difficulty : 2 (6 hours)

- Day 4 - Let's learn about the relationship between the ecosystem and the wilderness of the “salmon” that symbolize the Abashiri River!

The guests will impress this trip by catching their own salmon, a creature that symbolizes the “Abashiri River Connection,” the theme of this trip.

We will make chanchan-yaki with the salmon which is a local cuisine in Hokkaido with the salmon we have just caught by yourselves. The tour will end with “Itadakimasu” and “Gochisosama” to express all the excitement, gratitude, and awe we feel for nature.

After the tour, we will send you back to Memanbetsu Airport.

Included meals : Hotel breakfast , Self-catering lunch

Activity : Salmon fishing and chanchanyaki cooking experience

Difficulty : 1 (4 hours)

Accommodations :

DAY 1 : Tsubetsu , Japanese onsen hotel , Japanese or western style room , Wi-Fi

DAY 2 : Bihoro , Private lodging , western style room , Wi-Fi

DAY 3 : Abashiri , City hotel , western style room , Wi-Fi

What's included

- All activities include in this itinerary
- 3 nights accommodation
- Eateries (Morning and Dinner only)
- Private vehicle transportation (Parking, fuel, highway fees incl.)
- Well trained English speaking guide with first-aid skills (WAFA)
- Tour operation fees
- Taxes (10% consumption tax)
- Rental bikes, canoes and fishing gears

Not included

- Airfares
- Personal expenses
- Alcoholic drinks or beverages not included meals

Please note that you will be asked to show your passport when checking into accommodation in Japan. It is a requirement for accommodation providers to take a photocopy of the passports of overseas guests.

We provide & What to bring

We provide

- 24 hours emergency response service
- First-aid kit
- Complete version itinerary (English)
- Able to have changes for accommodations, eateries if you have any requests

What to bring

This tour include outdoor activities such as cycling, canoeing, forest walking and fishing. Additionally, the average temperature on September to October may sometime drop immediately, so please prepare suitable clothing for yourselves.

Personal belongings to be prepared by participants:

- Earth-colored clothing and athletic shoes that are easy to move outside
- Sunglasses, hat, gloves
- Rain wear and rain hat (no umbrellas so as not to affect the animals)
- Water bottles
- Sunscreen
- Binoculars
- Any medicine you may need

About us



Contact : info@doto-adventure.net

Website : <https://doto-adventure.net/>

DOTO Adventure Network

“Doto Adventure Network” is a coalition of coordinators, travel designers, land operators, and through-guides specializing in Eastern Hokkaido, the 'Doto Area.' Deeply rooted in the region, we promote sustainable tourism for the future.

Guides



Gen TERAYAMA

- Travel Service Arrangement Operations Manager
- Wilderness Advanced First aid
- Leave No Trace Level 1 Instructor

Since 2006, I have called Shiretoko home, bringing over a decade of experience in travel, wildlife management, and regional branding. I have guided trips to remote regions like Nepal, Mongolia, and Antarctica and worked on brown bear conservation and national park management. An adventurer at heart, I was the first Japanese to ski from Cho Oyu's summit. Now, I focus on promoting Shiretoko's beauty and developing long-distance trails like the Hokkaido East Trail, inviting travelers to immerse themselves in nature and meaningful adventures.



Akimasa TAKIKAWA

- Hokkaido Adventure travel guide (Mountain)
- Wilderness Advanced First aid
- Leave No Trace Level 1 Instructor

Originally from Sapporo City. Moved by the hospitality shown to him by people in various regions during his backpacking trip around the world, he wanted to be the one to host others next, so he started working in the tourism industry in Sapporo. In search of a new place to live, he moved to Bihoro Town as a local revitalization volunteer after the COVID-19 pandemic. After graduating, he mainly worked as an outdoor guide (Pecan Planning), and was involved in developing the tourism area, such as by building trails, as a director of the Bihoro Town Tourism and Products Association.

Information and Requirements

Dietary Restrictions

We believe that eating like the locals is the best way of experiencing Hokkaido's unique culture. However, we understand that it is not possible for everyone to do this and we are more than happy to cater for food allergies, dietary restrictions, and special requirements. If you have any diet restrictions or preferences, please tell us in the Registration Form at the time of booking, and we will do our best to accommodate your dietary needs.

In some rural areas particularly, we may ask you for some flexibility. For example, if you require halal food, we may be able to substitute for a vegetarian option instead. For those who are allergic to MSG, please be aware that it may be difficult to arrange a good alternative at every meal in Japan. Some of our overseas guests in the past found it difficult to find ready-made foods completely free of MSG, especially when buying from convenience stores. Most Japanese supermarkets sell simple foods like plain bread, boiled eggs, vegetables, and fruits, so you should always be able to find something suitable. The most important thing about dietary requirements is to let us know in advance so we can prepare and organize the foods you need.

Emergency Response Plan

Your safety is our top priority, closely followed by fun and comfort! All our tour guides have years of guiding experience in the outdoors under their belt. We require all of our guides to be certified as Advanced First-Aid Responders or in Wilderness First-Aid. At all times our guides will carry a first-aid kit, as well as have an extra kit in the vehicle. Depending on the terrain and the potential risks it poses for each trip, our guides will also have the necessary safety and climbing equipment. In case of heavy rain, strong winds, or other unsafe weather conditions for activities such as hiking or canoeing, there may be times where we must change the tour plan. In such cases we will try to substitute the original activity with alternatives such as sightseeing, visiting museums, or hot springs. We take charge of turning a bad day around into a fun day!

Weather Conditions

Hokkaido's pleasant summer attracts many visitors from the other regions of Japan escaping from the unbearable summer heat and humidity. May is the middle of spring, and October is the middle of autumn. From May through October the highest temperature is approximately 25°C / 77°F in August, and the lowest is approximately 10°C / 50°F in October. The highest rainfall is 182mm(7.1inches) in August. Japan in September and October can bring typhoons. Although they are not as frequent as on mainland Honshu, occasionally Hokkaido is hit by a cyclone (a weakened typhoon as it has travelled over Honshu to Hokkaido). Be prepared for variable weather - warm, cold, and wet - to ensure your comfort and safety while traveling.

Reservation & Cancellation Policy

Payment Methods

We will send a booking confirmation by email with an invoice requesting a deposit

A 20% Deposit is required for the confirmation of the booking.

The remaining cost(Balance Payment) is due 21 days before your arrival.

Payment is acceptable by Credit card or Bank Transfer:

A. Credit card

We will send you a link with a form to fill in your credit card details

B. Bank Transfer

Please process the payment from your local bank in Yen.

All Transaction Fees will be paid by remitter

Cancellation

- Cancellation fees apply from 20 days prior to the travel starting date
- 20% of the tour price will apply 20 days prior to the travel starting date
- 30% of the tour price will apply 7 days prior to the travel starting date
- 40% of the tour price will apply 1 days prior to the travel starting date
- 50% of the tour price will apply on the travel starting date
- 100% of the tour price will apply after the start of the tour or the traveler does not participate in the Tour without notice

Reservation & Cancellation Policy

Disclaimer

Assumption of risk and safety declaration

Travelers are advised that all activities are undertaken entirely at their own risk and they must behave in a fit and proper manner at all times in accordance with Hokkaido Treasure Island Travel Inc's guidelines. All adventure tours and outdoor activities carry inherent risks and Hokkaido Treasure Island Travel Inc nor its partners do not assume any responsibility for accidents that are caused by its customers or caused by factors outside of human control.

With the purchase of your trip you acknowledge that:

By its very nature, adventure travel, hiking and cycling tours are more challenging and demanding with a significantly higher level of risk, and involve potential exposure to injury and possibly death.

Additional dangers and risks associated with adventure travel may include difficult and dangerous terrain; high altitude; extremes of weather, including sudden and unexpected changes; political instability; remoteness from normal medical services and from communications; and evacuation difficulties in the event of illness or injury.

You must follow our guide's instructions and use any safety equipment provided at all times. For the above reasons you accept the inherent and increased dangers and risks associated with the proposed adventure and the accompanying risk of injury, death or property damage or loss.

Our Responsibilities and Exemptions from Responsibility

All Travelers are required to acknowledge the Terms and Conditions that we provide to them before contracting with us. The Traveler acknowledges that he or she understands the Terms and Conditions, as well as the following information about exemptions from our responsibility.

- We shall be responsible for compensating any damage caused to the Traveler intentionally or negligently by us or by our agent in the performance of this Contract.

However, this shall be limited to cases when we have received notice within two years from the time when the accident occurred.

- Except as provided in the preceding Paragraph, we will not be responsible for compensation in the following cases:

- (1) Acts of providence
- (2) Maelstrom of war or civil commotion
- (3) Suspension of Tour Services including transport and accommodation facilities
- (4) Orders from government and public agencies
- (5) Other causes beyond our control or the control of our agents

Partner Company

Hibi Japan

Provide tailor made tour with
authentic adventures, local cultural contents in Hokkaido.

Ernest Mok (Representative Director/ Travel designer)

Contact: ernest@hibi-japan.com

Website: <https://www.hibi-japan-travel.com/>



Tour Operator / Contact



Hokkaido Treasure Island Travel Inc.

9F Daito Bldg, Minami 2-jo Higashi 2-
chome 8-1, Chuo-ku, Sapporo City,
Hokkaido, Japan

We are Hokkaido Treasure Island Travel (HTIT), an award-winning team of creators of unique, perfectly tailored Hokkaido travel experiences. The HTIT Team is deeply connected to Hokkaido, in northern Japan. In 2004, HTIT started its journey as the pioneer of a new style of adventure travel by sharing the treasures of Hokkaido. We are constantly opening new doors and making local destinations previously inaccessible for travelers available all over Hokkaido. We provide a compelling combination of personal and professional travel advice, knowledge beyond that of a guidebook, and behind the scenes access to places and authentic local experiences generally not available for the public. Our mission is to create for you a journey of a lifetime every time you travel with us.