### "Exploring the Charm of Kombu: Experience the Blessings of the Sea and Flavors in Shikabe"



Shikabe Town is an area with a thriving fishing industry, and its origins lie in kelp. The abundance of kelp produces a large amount of plankton, creating an environment in which a variety of seafood can be caught. Learn about the impact of kelp on the ocean and its history from local fishermen, try your hand at making home-cooked meals with local mothers, and deepen your relationship with the local community. Also, why not learn practical rope work skills from local fishermen that can be used in times of disaster, and experience local wisdom for yourself?

#### Highlights:

• Kelp fishing experience where you can see a kelp farm and fishermen working on a boat

• Experience how to make delicious dashi soup by a mother from the beach and compare the tastes of kelp dashi

• Shikabe's home-cooked food prepared and eaten by moms on the beach

#### Location:

### Roadside Station Shikabe Shikabe Park

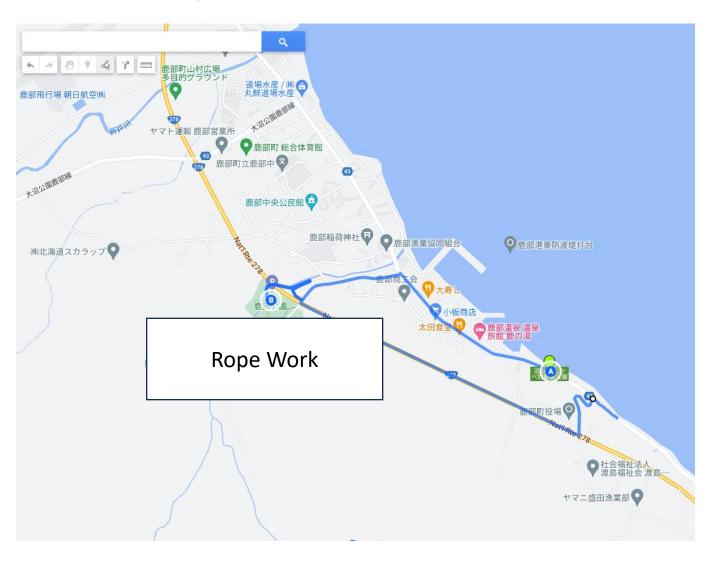
Main Activity:	<ul> <li>Mother's local cooking experience at the beach</li> <li>Kelp fishing experience, course on how to make delicious soup stock</li> </ul>	
Difficulty:	LEVEL 1	
Tour Dates:	April - July	
Pax:	Minimum 5	Maximum 8
Price:	JPY 31,000	

Route map Day-by-day Itinerary What's included We provide & What to bring About us

Information and Requirements

Reservation & Cancellation policy

### **Route map**



### Day-by-day Itinerary

### Aril - Day 1 - Experience the history and culture of kelp with the locals

8:20 Gather at Roadside Station Shikabe Business name: Shikabe Town Hot Spring Tourism Association Location: Roadside Station Shikabe Intermittent Spring Park

8:30-9:30 Environmental learning with the theme of kelp and introduction to the history of kelp

• Learn why kelp is abundant in Shikabe.

• You will deepen your understanding by learning about the history of kelp, which you will see up close and even eat.

### 9:45-10:45 Rope work experience at Shikabe Park

Business name: Shikabe Town Hot Spring Tourism Association

• Learn about the benefits that forests bring to the ocean. Local fishermen will teach you about rope work, which is useful in times of disaster, and is the wisdom of fishermen that once you tie it, it won't come undone, and when you untie it, it will come undone quickly.

### 11:00-12:00 Kelp fishing experience (on board)

Business name: Shikabe Town Hot Spring Tourism Association

• Visit a kelp farm from the boat, which is the biggest product of Shikabe Town, which has a thriving fishing industry. Comes with a souvenir of kelp.

• We will see how kelp is cultivated, which is the reason why we can catch an abundance of fish.

# 12:20-15:30 Experience how to make delicious soup stock and compare drinks

You will learn how to make delicious soup stock in Shikabe Town, which is rich in kelp. We will also compare the tastes of miso soup made with dashi stock from the ground up and miso soup made with miso stock.

### Beach mom local cooking experience

• Shikabe Fisheries Cooperative Association Women's Division I will make lunch using the soup stock I made earlier. Held at Hama's mother's home. We will cook lunch with local mothers using the seafood caught at that time. We start by cutting the fish, and then everyone eats it together.

Examples of dishes you can experience:

- Boiled flounder
- Miso soup with young scallops
- Kombumaki made with early-picked kelp

• By cooking and eating local cuisine at home, you can deepen your relationships while experiencing real life. The biggest appeal of traveling is the opportunity to interact with people you would not normally meet.

16:00 Roadside station Shikabe disbanded

# What's included

- Activity fee
- Lunch cost
- Taxi fee during the tour
- Comittion

## We provide & What to bring

We provide

· Long boots for kelp fishing experience

What to bring

• apron

# About us

Meitetsu World Travel, Inc. is a member of the Meitetsu Group, which is centered on Nagoya Railroad, and has offices throughout Japan. Based on the connections with local stakeholders and businesses cultivated through our travel business, we are committed to meeting your needs and creating opportunities for people to interact both within and outside the region. We welcomed guests to Hokkaido for the first Adventure Travel World Summit (ATWS2023) in 2023. We will contribute to the development of a symbiotic society through encounters and connections with guests from all over the world, in this fascinating land of Hokkaido.

### Tour Operator / Contact

Meitetsu World Travel inc., Address: 1-1, kita 3 jo nishi 1 chome, chuo-ku, Sapporo, Hokkaido, Japan 060-0003 TEL: (+81) 11-241-4986 E-mail: inbound.sapporo@mwt.co.jp



### Information and Requirements

The program provider has developed an emergency manual and works with the local community. Before setting sail, we brief passengers on the day's sea conditions and provide sufficient life jackets for the vessel's capacity.

### Reservation & Cancellation Policy

#### **Pavment Methods**

#### • Banking transfer

Payment for the tour is a fundamental part of the tour's income and contributes to the overall cost of equipment, running costs, staffing, administration, etc. We need to impose cancellation charges to cover these costs.

If you cancel your booking, we will impose cancellation charges as follows:

- 11 days or more prior to departure : 0% of the tour cost
- 10 8 days before departure: 20%
- 7 2 days before departure: 30%
- 48 24 hours before departure: 50%
- On the day of departure: 100%

#### Disclaimer

As an outdoor activity, this tour involves innerent risks.

To ensure the safety of the program, please share information with the guides and staff and follow their instructions while participating in the program.

Please be aware that there are risks beyond the care and attention of the guides and staff, and please understand the outdoor principle of "protect your own safety" when participating in the tour.

All programs are outdoor sports in a natural environment, and the start and end times may vary greatly depending on weather and tour conditions.

In addition, tours may be cancelled in the middle of the tour due to inclement weather or for the safety of our guests, in which case the fee will not be refunded.

You are responsible for all personal belongings you bring on the tour.

### **Partner Company**

Shikabe Onsen Tourism Association

 $\pm$ 041-1402 22-1 Shikabe, Shikabe-cho, Kayabe-gun, Hokkaido Next to the Shikabe Geyser Park Roadside Station

TEL: 01372-7-3500

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