

**Japan's Northernmost National Park. Encounter Magnificent Nature, People,
and Life in Harmony with the Bountiful Sea
Four Days in Rishiri, Rebun, and Wakkanai**



Location: Rishiri Island, Rebun Island, Wakkanai

Main Activity: Hiking, cycling

Difficulty: 2/5

Duration: 3 nights 4 days

Pax: Min. 1, Max. 8

Highlights

- CYCLE & HIKE through the stunning natural environments of Japan's northernmost national park
- ENJOY fresh seafood from the abundant coastal waters that sustain Japan's rich food culture
- MEET locals and learn about the history and culture of this frontier town



Hiking (Rebun Island)



Sea kayaking (Rishiri Island)



Cycling along the "White Path" (Wakkanai)



Fukko Market (Wakkanai)

Overview

Japan's northernmost national park, Rishiri-Rebun-Sarobetsu National Park, is not only blessed with a myriad of landscapes featuring mountains, flower fields, ocean cliffsides, wetlands, and coastal dunes, but it is also a top adventure destination that boasts a wide range of activities for any type of visitor to enjoy.

We kick off the tour cycling at the base of breathtaking Mt. Rishiri, a beautiful, cone-shaped mountain that has become a symbol of the park. We then continue with a kayaking and standup paddleboarding (SUP) trip across the pristine "Rishiri blue" sea, followed by hiking on Rebun Island, which despite its low elevation, is a "floating island of flowers" that is home to rare alpine botanical life and flower fields. Concluding the tour in the northern hub of Wakkanai City, travelers will enjoy cycling across the three-kilometer "White Path." Made from the crushed shells of scallops — a local specialty — this path concludes near the end of a walking course that stretches from Cape Soya, the northernmost point of Japan, down to Soya Park. The course includes stunning panoramic views of the glacial topography designated as a Hokkaido Heritage Site.

Tour meals include a sumptuous assortment of local seafood, as well as delicious Soya Black Beef, which is harvested from cows that have been raised stress-free across vast pastures of land.

The Northern Soya region's beautiful natural environment is home to precious ecosystems. The people here survive in harmony with nature, coexisting in harsh living conditions alongside an abundant ocean to bring wealth to the region and contribute to Japan's rich food culture. This four-day tour provides a wonderful opportunity to meet the local people of the Northern Soya region and reflect upon our way of living for the future.

Itinerary

- Day 1 Sep.15 (Fri.) Take the JR train line from Sapporo to New Chitose Airport
Fly to Rishiri Island (50 minutes)
Guided cycling tour through Rishiri Island's towns and great outdoors
Meet with Rishiri Island tourism staff
- Day 2 Sep.16 (Sat.) Guided kayak or SUP tour across Rishiri Island's beautiful oceans
Take a ferry to Rebun Island after lunch (45 minutes)
Visit hiking routes on Rebun Island
Meet with Rebun Island tourism staff
- Day 3 Sep.17 (Sun.) Guided hiking tour of Rebun Island, the "floating island of flowers"
After lunch, take a ferry to Wakannai, the northernmost city in Japan (1 hour 55 minutes)
Learn about the frontier town's history and culture at Wakkanai's museums
- Day 4 Sep.18 (Mon.) Cycling tour along the coast and the White Path, a 3-kilometer path from Cape Soya, Japan's northernmost point. The path is paved with the crushed shells of scallops, a Wakkanai specialty
After lunch, head to Wakkanai Airport (scheduled to arrive at airport at around 2:00 p.m.)

Meal

Day	Breakfast	Lunch	Dinner
1	—	Airport restaurant	Set menu at hotel
2	Hotel	Local restaurant	Buffet at hotel
3	Hotel	Lunch box	Seafood restaurant
4	Hotel	Local restaurant	

Accommodations

Day	Area	Facility Type	Room Type	Onsen*/Spa	Wi-Fi
1	Rishiri Island	Hotel	Twin or double (for one person)	Onsen	✓
2	Rebun Island	Hotel	Twin or double (for one person)	Onsen	✓
3	Wakkanai	Hotel	Twin or double (for one person)	—	✓

*Onsens are Japanese natural hot spring baths