

Cycling & Canoeing along the Toyohira River



Location: Sapporo and Jozeankei

Main Activity: Cycling and Canoeing

Difficulty: 3

Duration: 1 day

Pax: Min. 15, Max. 30

Highlights

- Cycling from central Sapporo to Jozeankei, ascending the Toyohira River.
- Learning the history of the salmon with the Ainu people.
- Salmon BBQ lunch in Shikotsu-Toya National Park.
- Canoe in a quiet forest upstream of the Toyohira River.



Cycling ascending the Toyohira River where salmon run up



Toyohira River
City central to the National Park in the forest



Canoe in a quiet forest
upstream of the Toyohira River



Canoe in Autumn

Overview

The Ainu, the indigenous people of Hokkaido, referred to salmon as "chep / cep (God's fish)" or "cipe (real food)", making it a fish regarded as special since ancient times.

Our story of Hokkaido nature begins with this cherished salmon as the keyword.

We start with a cycling tour up the Toyohira River from the same perspective as "God's fish"— the salmon.

Since ancient times, many salmon have run up the Toyohira River during the autumn in Hokkaido, continuing to this day.

However, in past decades a deterioration of water quality has reduced the number of salmon that run up the river. Yet, efforts to improve the environment around the river have paid off, and salmon runs have returned to the river.

With thoughts of the salmon on our minds, we ascend the Toyohira River, then enjoy salmon dishes and canoe in the quiet forest upstream. Through cycling and canoeing, participants will be thankful to the "God's Fish" and get to experience the nature of Hokkaido from a new perspective.

Itinerary

8:00AM Meet your cycling guides at the Sapporo TV Tower and rent a bicycle.

8:30AM Start cycling along the Toyohira River to the "Jozankei Farm" on the mountainside

9:10AM Arrive at "Toyohira River Salmon Science Museum" . Observe the life cycle of the salmon and the Come Back Salmon Movement.

10:40AM Take a break at "Pirika Kotan" , a valuable museum about the unique ethnic group "the Ainu", living in Hokkaido.

12:00PM Lunch at the Jozankei Farm, which is located in the Shikotsu-Toya National Park. Here we can enjoy salmon BBQ and fruits picking!

3:00PM Set off canoeing located upstream of the Toyohira River surrounded by trees, you can enjoy the scenery with a quiet and beautiful river that will heal your soul.

4:30PM Start cycling back towards Sapporo city. You can Enjoy the comfortable downhill ride while feeling the autumn breeze!

6:30PM Arriving in Sapporo

(If you get tired, you can return by tour bus. You will arrive at 5:20pm)

Lunch

The menu will be salmon and vegetables grilled in foil, chicken, pork and seasonal vegetables. This is served on a long skewer, so you can grill it at your own pace and eat freely. After grilling, you can enjoy it with an original sauce made from fruit grown at the farm.

And for dessert, you can pick seasonal fruits in the orchard.

Particularly, prunes are delicious in Autumn.



Contact

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