

## The Northern Hokkaido Sustainable Experience: Forests, Farming, & Cultural interaction



Location:	Shimokawa, Nishiokoppe and Takinoue
Main Activity:	Cultural interaction
Difficulty:	1/5
Duration:	4 days 3 nights
Pax:	Min. 4, Max. 10
Price:	JPY205,000~

### Highlights

- Try your hand at making chopsticks with timber offcuts
- Shinrin Yoku (forest bathing) and make essential oil with forest resources
- Experience the sustainable circular business model with a woman entrepreneur
- Learn about harmonious coexistence with nature from the perspective of a deer hunter in Hokkaido



Making chopsticks with timber offcuts



Making essential oil with forest resources



Learn about harmonious coexistence



Pasture walking with cows

## Overview

Experience a tour focuses on the many aspects of the Sustainable life style being implemented in Northern Hokkaido. Suppose you are looking for a time that combines relaxing activities in overwhelming nature, cultural interaction with local people, and locally produced foods. In that case, this is the tour for you!

On this tour, we visit three towns in Hokkaido which are making an effort towards more sustainability and discover how they aim to create a more sustainable society. It starts from Shimokawa town, designated as one of the “Future Cities” by the Japanese Government. The second place to visit is Nishiokoppe village, where you will meet a woman who is a deer hunter and practices a sustainable hunting style. The tour ends in Takinoue town, which thrives in forestry and dairy farming. This tour will broaden your horizons and encourage you for a positive change.

## Itinerary

- Day 1 Group meets & Try your hand at making chopsticks with timber offcuts in Shimokawa
- Day 2 Shinrin Yoku (forest bathing) & making essential oil with forest resources in Shimokawa
- Day 3 Deer leather crafts & meeting an eco-friendly woman deer hunter in Nishiokoppe
- Day 4 Pasture walking with cows in Takinoue, transfer to Sapporo & farewells

## Meal

Day	Breakfast	Lunch	Dinner
1	-	-	Healthy dinner course using local products at a quaint restaurant
2	Light meal at hotel	“Bento lunch box” made with only local products	Healthy dinner course using local products at a quaint restaurant
3	Light meal at hotel	Lunch made with local products	Dinner made with ingredients picked in the mountain
4	Light meal at hotel	Farewell lunch at a local cafe	-

## Accommodations

Day	Area	Facility Type	Room Type	Onsen/Spa	WiFi
1	Shimokawa	Hotel	Private room with Ensuite	-	✓
2	Shimokawa	Hotel	Private room with Ensuite	-	✓
3	Shimokawa	Hotel	Private room with Ensuite	-	✓

## Contact

Hokkaido Treasure Island Travel Inc.  
9F Daito Bldg, Minami 2-jo Higashi 2-chome 8-1, Chuo-ku,  
Sapporo City, Hokkaido, Japan  
info@hokkaido-treasure.com  
<https://hokkaido-island.com/>

