

Exciting Cycling – Revel in Ishikari's Nature and History with All Your Senses!

KINKI NIPPON TOURIST



Location:	Ishikari City and Sapporo South District, Hokkaido
Main Activity:	Cycling
Difficulty:	2/5
Duration:	1 day
Pax:	Min. 15, Max. 15

Highlights

- Learn about the ecology and history of salmon in the Toyohira River.
- Learn about salmon fishing via displays of authentic wooden tools and traps used from the Jomon Period at Ishikari Sand Hill Library, a local history museum.
- For lunch, savor fresh seafood caught in Ishikari Bay.



Cycling on coastal and riverside roads.



Lunch(fresh seafood caught in Ishikari Bay)



Hamanasunooka Park.



Ishikarihama Coastal Plants Conservation Center

Overview

In Ishikari City, the remains of the Jomon Period, Japan's prehistoric era of about 5,000 years ago, can still be seen today. Salmon bones excavated along with ancient pottery and stone tools from fireplace sites tell us that the culture of eating salmon was already established in those early days. To survive harsh winters, salmon was also an important food source for the Ainu people who lived originally in this area. This is why in the Ainu language salmon was called "Kamui Chebu," meaning "Divine Fish." Our tour is full of history and culture related to salmon in the Ishikari region, where we'll cycle on roads along the Toyohira River and Ishikari Bay where salmon have been swimming upstream to spawn since ancient times.

Itinerary

JR Sapporo Station→①Sapporo Salmon Museum→②Ishikari Sand Hill Library→
③Northern Cuisine Ishikari Tei (lunch indoors)→④Ishikarihama Coastal Plants Conservation
Center→⑤Rakuzankyo, former Ishikari Clinic→⑥Hamanasunooka Park→
JR Sapporo Station North Entrance

Lunch

Northern Cuisine Ishikari Tei indoor restaurant

The restaurant's specialty is Kaisen Don (seafood bowl), prepared with fresh seafood caught in Ishikari Bay, which comes with miso soup. After lunch, try the local favorite Hamanasu Soft, a soft-serve ice cream, at Hamanasunooka Park.

Contact

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