

## Discover the Volcanoes of East Hokkaido (cycling/hiking)



Location:	Teshikaga, Akan, Kushiro, Hokkaido
Main Activity:	Hiking and Cycling
Difficulty:	4/5
Duration:	5days 4nights
Pax:	Min. 4, Max. 10
Price:	JPY271,000~

### Highlights

- Immerse yourself in Japan's unique hot spring culture
- Cycle between Lake Mashu and Akan (road bike & e-bike)
- Hike up Mt. Meakan
- Cycle around Lake Onneto (fat bike & e-bike)



Cycling



Hike up Mt. Meakan



Kaiseki dinner



Buffet style dinner

## Overview

“Irankarapute”, welcome to eastern Hokkaido!

(Irankarapute means hello in the language of the Ainu, an indigenous people in Hokkaido.)

Discover the nature of Japan’s northernmost island on a journey through eastern Hokkaido, including areas such as Akan-Mashu National Park. Best known for its three caldera lakes—Lake Akan, Lake Kussharo and Lake Mashu—this national park offers incredible views of forests, lakes and landscapes forged by volcanic activity. Enjoy a rare opportunity to see volcanic activity up close on this adventure around Kawayu and Akan.

Cycling through the volcanic landscapes of Akan-Mashu National Park, including Kawayu, Kussharo and Mashu, is an exhilarating experience with thrilling downhill sections. Local wildlife such as Yezo sika deer and red foxes can also be spotted along the route. A range of bikes are available, from road bikes to fat bikes and e-bikes, with a support car on hand for extra peace of mind. Learn more about Japanese onsen (hot spring) culture at Kawayu Onsen, which has long been known for the healing qualities of the hot springs created by volcanic activity in the surrounding area.

Moving to the Ainu Kotan area, take on the challenge of hiking up Mt. Meakan (1,499m), an active volcano known as Machineshiri in the Ainu language. Surrounded by lakes, volcanoes and forests, enjoy scenery that changes from rich vegetation to a volcanic landscape as you ascend, and feel the power of nature as you reach the crater at the summit.

The tour concludes with cycling and walking around secluded forests that require special permission to access. Gain a unique insight to the area’s nature and culture from a local guide with Ainu heritage. Enjoy delicious seafood and other cuisine unique to eastern Hokkaido!

## Itinerary

- Day 1 – Teshikaga – Arrival at Memanbetsu Airport
- Day 2 – Teshikaga – Kawayu ~ Kussharo Cycling
- Day 3 – Akan – Mt. Meakan hike
- Day 4 – Akan – Lakeside cycle
- Day 5 – Akan – Transfer to Sapporo

## Accommodations

Day	Area	Facility Type	Room Type	Onsen/Spa	WiFi
1	Teshikaga	Ryokan	Japanese room	Onsen	✓
2	Akan	Resort Hotel	Twin for single use	Onsen	✓
3	Akan	Resort Hotel	Twin for single use	Onsen	✓
4	Akan	Resort Hotel	Twin for single use	Onsen -	✓

## Contact

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